



Depending *on the* Holy Spirit

Take time this week to intentionally depend on the Holy Spirit in your everyday life.

1. Where Do I Need Help?

Identify one area where you need the Holy Spirit's guidance, strength, or understanding.

2. Ask for Help

Take a moment to pray and ask the Holy Spirit to help you in this area. What did you ask Him for?

3. What Did I Notice?

Throughout the week, pay attention to how the Holy Spirit is at work (through Scripture, conviction, peace, or growth).

4. How Will I Respond?

The Holy Spirit is always present and at work, even when you don't feel it.